



## RHEINISCHE RARITÄTEN

- HIMMEL & ÄÄD 12.5  
Blutwurst | Kartoffelpüree | Röstzwiebeln  
Blood sausage | mashed potatoes | roasted onions
- RHEINISCHER HERINGSTIP 9.5  
Hering | Pellkartoffeln  
Herring | potatoes

MEIN VERSTAND SAGT SPORT.

ABER MEIN HERZ SCHREIT PIZZA...

MY HEAD SAYS SPORTS.

BUT MY HEART IS CALLING FOR PIZZA...

»→ PIZZAABEND FÜR ZWEI | PIZZA EVENING FOR TWO 26

2 Pizza Margherita [ 29CM ] & 0,5l Hauswein rot oder weiß

2 Pizza Margherita [ 29CM ] & 0,5l house wine red or white

## SNACKS @ SEMINARIS

### »→ SUPPE & SALAT

TAGESSUPPE SAISONAL 5.5

CAESAR SALAD 9

Römersalat | Parmesan | Kapern |  
hausgemachtes Dressing & Vollkorncroutons  
[ extra **Hähnchen** für 5 ] 🌱

ENERGY BUDDHA BOWL 🌱🌿 11

Wild- & Naturreis | gegrilltes Gemüse |  
Gurke | Avocado | Cashewkerne  
[ extra **Räucherlachs** für 5 ] 🌱

### PIZZA ←«

NEAPOLITANISCHE SAUERTEIGPIZZA  
AUS DEM STEINOFEN - 29CM

Margherita 🌿 10  
Schinken | Salami | Tonno 13  
Vegetaria 🌿 13








# »»» BRIOCHE BURGER


WEIZEN-  
VOLLKORN BUN  
MIT SAATEN  
[ + 1 ]



VEGGIE?  
Tausch' doch  
deinen Patty  
gegen  
Halloumi

BEEF AND BEATS  13  
180g Rind pur, Salz, Pfeffer | Gewürzgurke |  
Röstzwiebel | Cheddar | Rauchmayo

LITTLE ITALY  14  
180g Rind pur, Salz, Pfeffer | Gemüseantipasti |  
Rote Zwiebel | Parmesan | Aioli

WAKAME 'N' ROLL  16  
130g Lachs pur, Salz | Wakame Algensalat |  
Sesam | Avocado | Asia Sauce

NORDIC FRESH  13  
130g Lachs pur, Salz | Gurke | Rote Zwiebel | Graved Sauce

<b>DAZU GIBT'S</b>  		<b>BURGER TOPPING</b>	
Pommes	[ 2 ]	[ 1 ]	
Süßkartoffelpommes	[ 3 ]	Bacon	
Gebackene Honig - Pastinaken	[ 3.5 ]	Rotes Zwiebelchutney	
Salat	[ 4 ]	Extra Käse	
[ als Solo-Portion je + 1,- ]		Spiegelei	



»→ DANACH (ODER NUR)

COOKIE  
Triple Chocolate  
Caramel Pecan Nut  
Raspberry White  
[ 2.5 ]

BALANCED DIET [ ONE COOKIE FOR EACH HAND ] 8.5  
2 Cookies deiner Wahl | 2 Kugeln Vanilleeis |  
Schokoladensoße

PLEASURE & INTENTION IN 1 [ APPLE WITH DOUGH IS STILL FRUIT ] 8.5  
2 warme Mini - Apfelschnecken | 2 Kugeln Vanilleeis

HAPPINESS [ IS KNOWING THERE'S A CHOCOLATE CAKE ON THE MENU ] 9  
Halbflüssiges Schokoladenküchlein |  
Früchte | Vanillesoße

STORY OF HOLES [ MILK'S LEAP TOWARDS IMMORTALITY ] 9  
2 - 3 regionale Käsesorten | Obst | Nüsse | Brot

<p>GEMÜSECHIPS, 70G [ 5.5 ] Butternusskürbis, Möhren, Süßkartoffel, grüne Bohnen, Wasserbrotwurzel</p>	<p>BARMIX, 60G [ 2 ]</p>
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UNSER NACHHALTIGKEITSZEICHEN BEDEUTET, DASS DU HIER EIN PRODUKT BEKOMMST, WELCHES AUS REGIONALER UND/ODER MÖGLICHSST ÖKOLOGISCHER ERZEUGUNG STAMMT.



VEGAN



VEGETARISCH



GLUTENFREI



LAKTOSEFREI

FÜR NOCH GENAUERE INFORMATIONEN ZU ALLERGENEN FRAGE NACH UNSERER **ALLERGENKARTE**.

BITTE BEACHTE, DASS SPUREN IMMER MÖGLICH SEIN KÖNNEN.

*ALLE PREISE IN EURO INKL. GESETZLICHER MWST. VON 5 %.*

[WWW.SEMINARIS.DE](http://WWW.SEMINARIS.DE)





SNACKS @ SEMINARIS

»»→ SOUP & SALAD

SEASONAL SOUP OF THE DAY 5.5

CAESAR SALAD 9

Romaine lettuce | parmesan cheese | capers |  
homemade dressing & wholemeal bread croutons  
[ extra **chicken** for 5 ] 🍷

ENERGY BUDDHA BOWL 🌱🌿 11

Wild - & brown rice | grilled vegetables |  
cucumber | avocado | cashew nuts  
[ extra **smoked salmon** for 5 ] 🍷

PIZZA ←««

NEAPOLITAN SOURDOUGH PIZZA  
FROM STONE OVEN - 29CM

Margherita 🍃 10

Ham | Salami | Tonno 13

Vegetaria 🍃 13










# »»» BRIOCHE BURGER


WHEAT  
WHOLEGRAIN  
BUN  
WITH SEEDS  
[ + 1 ]



 VEGGIE?  
Replace  
your patty with  
halloumi cheese

BEEF AND BEATS  13  
180g pure beef, salt, pepper | gherkin | roasted onion |  
cheddar cheese | smoked mayonnaise

LITTLE ITALY  14  
180g pure beef, salt, pepper | antipasti of vegetables  
| red onion | parmesan cheese | aioli

WAKAME 'N' ROLL  16  
130g pure salmon, salt | wakame seaweed salad |  
sesame | avocado | asia sauce

NORDIC FRESH  13  
130g pure salmon, salt | cucumber | red onion | graved sauce

ADD-ONS  		BURGER TOPPING	
French fries	[ 2 ]	[ 1 ]	
Sweet potato fries	[ 3 ]	Bacon	
Baked honey parsnips	[ 3.5 ]	Red onion chutney	
Side salad	[ 4 ]	Extra cheese	
[ as single portion each + 1,- ]		Fried egg	



»»→ AFTERWARDS (OR SOLO)

COOKIE  
Triple Chocolate  
Caramel Pecan Nut  
Raspberry White  
[ 2.5 ]

BALANCED DIET [ ONE COOKIE FOR EACH HAND ] 8.5  
2 Cookies of your choice | 2 scoops of ice cream |  
chocolate sauce

PLEASURE & INTENTION IN 1 [ APPLE WITH DOUGH IS STILL FRUIT ] 8.5  
2 warm mini apple buns | 2 scoops of ice cream

HAPPINESS [ IS KNOWING THERE'S A CHOCOLATE CAKE ON THE MENU ] 9  
Semi-liquid chocolate cake |  
fruits | vanilla sauce

STORY OF HOLES [ MILK'S LEAP TOWARDS IMMORTALITY ] 9  
2 - 3 types of regional cheese | fruits | nuts | bread

<p>VEGETABLE CHIPS, 70G [ 5.5 ] Butternut pumpkin, carrots, sweet potatoe, green beans, taro</p>	<p>BARMIX, 60G [ 2 ]</p>
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OUR SUSTAINABILITY ICON MEANS THAT YOU GET A PRODUCT WHICH COMES FROM REGIONAL AND/OR PREFERABLY ECOLOGICAL MANUFACTURING.



VEGAN



VEGETARIAN



GLUTENFREE



LACTOSE-FREE

FOR MORE DETAILED INFORMATION ABOUT ALLERGENS PLEASE ASK FOR OUR SPECIAL ALLERGEN MENU WITH DECLARATIONS. PLEASE BE AWARE THAT TRACES OF ALLERGENIC SUBSTANCES ARE ALWAYS POSSIBLE.

*PRICES IN EURO INCLUDING 5% LEGAL VAT.*

[WWW.SEMINARIS.DE](http://WWW.SEMINARIS.DE)

